

India Adams Sachitano, M.S., R.D., L.D.

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Education

- **Auburn University** - Auburn, AL
B.S., Nutrition and Food Science (GPA 3.4), 2002, *Cum Laude*
- **Auburn University** - Auburn, AL
M.S., Nutrition (GPA 3.3), 2004
- **Oakwood College** - Huntsville, AL
Dietetic Internship, 02/2005

Interests and Career Goals

- Interests include: Sports nutrition and physical fitness, maternal and infant nutrition, nutrition education, fat chemistry and metabolism, environmental pollutants in the food supply
- Career goals include: To secure a position in the field of community health and nutrition education

Honors and Activities

- Alabama Office on Women's Health Steering Committee: North Alabama Registered Dietitian Appointee (2008 - 2010)
- North Alabama Dietetic Association (District President 2007 - 2008)
- Auburn University Graduate School: Peaks of Excellence Graduate Research Fellowship
- Kappa Omicron Nu Honor Society
- Various Academic Scholarships, Dean's list
- American Dietetic Association Student Member
- Auburn & North Alabama Dietetic Association member
- Auburn University Student Dietetic Association Member
- Auburn University Meat Science Association - Vice President (August 2000 - June 2001)

References - others furnished upon request.

- Dr. Marta Sovyanhadi, R.D., L.D.N., D.P.H. - Oakwood College (256-726-7228)
- Dr. Robin Fellers, R.D., L.D., Ph.D. - Auburn University (334-844-3270)
- Linda Steakley, M.S., R.D., L.D. - Huntsville Hospital Wellness Center (256-265-7100)
- Dr. Margaret Craig-Schmidt, Ph.D. - Auburn University (334-844-3263)

Please find selected work experience on the following page

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Selected Work Experience

- **Huntsville Hospital Wellness Center** - Huntsville, AL
Clinical Dietitian (January 2008 - August 2008)
 - Provide nutritional care to patients through nutrition assessment and counseling
 - Develop care plans with follow-up evaluation of intervention
- **Alabama Department of Public Health**
WIC Nutritionist (May 2005 - May 2007)
 - Responsibilities included: providing nutritional services including assessment, counseling, and education as part of the WIC program
 - Additional activities included: assessing the nutritional status of patients, developing intervention strategies and writing nutrition care plans for high-risk patients, and teaching various nutrition classes for patients
- **Auburn University** - Auburn, AL
Graduate Research Assistant (August 2002 - May 2004)
 - Performed various fatty acid analyses and lipid extractions using gas chromatography and one-dimensional thin-layer chromatography
 - Responsible for care of laboratory animals
 - Worked as a teaching assistant in Introductory Nutrition Course (NUFS 2000) and Nutritional Assessment Laboratory (NUFS 3721)
 - Thesis - Interactive effects of methylmercury and fish oil on neonatal rat liver phospholipid fatty acids
- **Huntsville Hospital - Food and Nutrition Services** - Huntsville, AL
Patient Nutrition Advocate (June 2002 - August 2002) Hospitality assistant (June 2002 - August 2002)
- **Auburn University Meats Laboratory** - Auburn, AL
Undergraduate research and development assistant (June 2000 - May 2002)
- **Dow Deli / Lupton Deli** - Auburn, AL
Student Manager (August 1998 - June 2000)